

We've been expecting you.



And we're all set for a new year of great food and outstanding service. When you eat well, you enjoy life more, and you perform better at everything you do – in the classroom, on the field, and even when you're having fun. Please join us often – and don't forget to bring your appetite! Welcome Back!

Breakfast
\$1.00

Lunch
\$1.75

Get in touch with us today to learn more about free and reduced-price meals in our district:



TENNESSEE

"The Volunteer State"

Admitted to the Union June 1, 1796 as the 16th State
State Capital: Nashville

Featured Specials of the Day

Monday, August 16

Hot Pockets
Hoagie Sandwich
Breakfast
Sausage Biscuit

Tuesday, August 17

Cheese Pizza
Turkey & Cheese Sandwich
Breakfast
Breakfast Pizza

Wednesday, August 18

Breaded Chicken Sandwich
BBQ/Garlic Toast
Breakfast
Chicken Biscuit

Thursday, August 19

Cheeseburgers
Chicken Fajitas
Breakfast

Sausage Biscuit

Friday, August 20

Chicken Nuggets/Rolls
Ham & Cheese Wrap
Breakfast

French Toast Sticks

EAT BETTER.
PLAY HARDER.
LIVE HEALTHIER.
LEARN EASIER.

WELLNESS IS A WAY OF LIFE!

This year, our menu will feature regular Wellness tips, showing how diet, exercise, and taking care of ourselves can help ensure that we stay healthy and at the top of our

Featured Specials of the Day

Monday, August 23

Pizza
Fish Sandwich
Breakfast
Breakfast Pizza

Tuesday, August 24

Cheese Sticks
Hoagie Sandwich
Breakfast

Biscuit & Sausage Gravy

Wednesday, August 25

Spicy Chicken Sandwich
Lasagna/Rolls
Breakfast

French Toast Sticks

Thursday, August 26

Taco Salad
Corn Dogs
Breakfast

Breakfast Bagel

Friday, August 27

Hot Dogs
Country Fried Steak/Gravy/Rolls
Breakfast
Ham Biscuit

Monday, August 30

Grilled Chicken Sandwich
Beef-A-Roni/Garlic Toast
Breakfast

Biscuit & Sausage Gravy

Tuesday, August 31

Nachos
Rib-A-Que Sandwich
Breakfast

Chicken Biscuit

Word of the Month

hon·est

adj. 1. honorable in principles, intentions, and actions
2. showing uprightness and fairness 3. truthful or credible
4. sincere, frank